



Course:

Promoting and Supporting emotional wellbeing in schools

Audience: Teachers & TAs

Course Presenter: Allison Weston

“In order to help pupils succeed Schools have a role to play in supporting them to be resilient and mentally healthy.”

In March 2016 the Department for Education brought out guidance on ‘Mental Health and Behaviour in Schools’. This one day training session will explore what this guidance means and how we can put it into practice in our schools.

The one day training session will include:

- Facts about mental health problems in children and young people
 - How to promote positive mental health
 - Self esteem
 - Attachment
 - Resilience
 - Social Emotional Aspects of Learning
 - Looking at approaches used by other schools
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Course Presenter:

Allison Weston

Allison has 26 years experience in Education and has spent the last few years working with SCITT. She has a wealth of experience having worked as a Senior Management in both Primary and Specialist settings, for children with Social, Emotional and Behavioural Difficulties. She has been a Behaviour Advisor for the Local Authority and is a trained Coach and Mentor. Allison specialises in Behaviour, but trains in all aspects of Emotional Literacy and is a trained facilitator for the NPQML / SL Programmes. She has a Masters Degree in Special Education and Inclusion and is able to draw upon, both her academic and practical experience when training.

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Teaching & Leadership



Course Info:

A whole day session

Course Cost:

£100 per delegate

Course Dates:

Tuesday December 6th 2016

Course Time:

9am - 4pm

E-mail:

For further information on this course, please contact
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